



**Filipino Catholic Ministry**  
Archdiocese of Vancouver



*Daily Prayer*

In the Name of the Father, and of the Son,  
and of the Holy Spirit. Amen.

*Holy Spirit, pray with me, in me and  
through me.*

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### **Going to the Summit**

O my Jesus,  
here I am, ready to do Your will  
and follow you.

I offer you all my efforts, my joys, and my  
accomplishments; as well as my failures, my  
sufferings and my pains, in union with the  
Holy Sacrifice of the Mass celebrated all  
throughout the world; in humble gratitude for  
your love and mercy; for the needs of your  
Church here in Vancouver, especially the Filipino  
Community; and for the intentions of our Holy  
Father, the Pope.

Grant me the grace to receive you physically in the  
Eucharist, sooner rather than later,  
and with intimate frequency.

This I ask through the intercession of our Blessed  
Mother Mary and all your saints. Amen.

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## Our Father

Our Father, Who art in heaven,  
Hallowed be Thy Name.

Thy Kingdom come.

Thy Will be done, on earth as it is in  
Heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil. Amen.

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## Hail Mary

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us sinners now,  
and at the hour of our death. Amen.

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## Doxology

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now,  
and ever shall be,  
world without end. Amen.

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*Think of three things for which to  
ask the Lord's pardon and forgiveness*

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### **Act of Contrition**

O my God,  
I am heartily sorry for  
having offended Thee,  
and I detest all my sins,  
because I dread the loss of heaven,  
and the pains of hell;  
but most of all because  
they offend Thee, my God,  
Who art all good and  
deserving of all my love.  
I firmly resolve,  
With the help of Thy grace,  
to confess my sins,  
to do penance,  
and to amend my life. Amen.

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Read the  
**Scripture**  
for the Day

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## Thanksgiving

*Take a moment and thank the Lord for three things.*

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## Petitions

*Take a moment and ask the Lord for three things.*

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## Closing Prayer

Lord Jesus, Son of God, have mercy on me a sinner. I know that on my own I am nothing. Apart from You I can bear fruit, but such fruit can never last. I know You have called me to be an instrument of Your everlasting love and grace for Your people. Pour Your Holy Spirit upon me, even if it may mean throwing me off my illusory preoccupations, or even stopping me dead on my track, so I can remain faithful to You. Grant me the grace to walk in faith today, confident of Your love and mercy. Amen.

## Guardian Angel

*Angel of God,  
my guardian dear,  
to whom God's love commits me here,  
ever this day, be at my side,  
to light and guard,  
to rule and guide. Amen.*

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## Prayer to St. Michael the Archangel

*St. Michael the Archangel,  
defend us in battle.  
Be our defense against the wickedness  
and snares of the Devil.  
May God rebuke him, we humbly pray,  
and do thou, O Prince of the heavenly  
hosts, by the power of God,  
thrust into hell Satan, and  
all the evil spirits,  
who prowl about the world  
seeking the ruin of souls. Amen.*



### **PRAYER FOR FILIPINO VOCATIONS**

All loving and merciful God, Father Almighty, have mercy on us, your children, roaming dangerous pastures like sheep without shepherds. We implore you to choose and anoint members of our Filipino Communities dedicated priests who would love you with their whole heart and guide us through the sacraments and their caring hands. Move those you choose to openness of heart and mind to your divine Assistance. This we ask through your Son, our Lord Jesus Christ who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.



## FILIPINO MINISTRY PRAYER

Lord Jesus, Eternal Word and Living Bread, by our baptism you have sent us to make disciples of all nations. Grant us the grace to have a generous heart and a willing mind to respond to your call, confident that you have purposely brought us here for the sake of your kingdom. Pour your Spirit upon us as we embark in our journey of becoming Missionary Disciples. This we ask through the intercession of our Blessed Mother Mary and St. Pedro Calungsod. Amen.