

## PRH - INTERNATIONAL

PRH belongs to the family of sciences exploring and researching the developmental processes in the human person.

### It provides:

- 9 to 12-hour introductory workshops
- A series of 30 & 24 hour workshops
- Follow-up groups
- Individual accompaniment, (counselling)
- A self-directed methodical growth program

PRH is a method of self-discovery leading to greater fulfilment, happiness and tranquility.

It is a worldwide association of over 300 licensed professional Educators whose work fosters the full development of the human person.

Founded by André Rochais, incorporated in 1971, its headquarters are located in Poitiers, France. In Canada there are two legally incorporated groups with offices in:

- Langley, BC
- Sherbrooke, Quebec

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Visit our Web Sites at:

[www.prh-canada.com](http://www.prh-canada.com)

[www.prh-international.com](http://www.prh-international.com)

### BENEFITS

- Discover the various ways of functioning of the person.
- Identify your proper ways of functioning and your dysfunctions.
- Identify possible adjustments for a more harmonious life be more coherent with who you are.

### OUTLINE

Global approach

Part 1 – The various ways of functioning of the pivotal centres of the person

- The being and its ways of functioning
- The “I” and its ways of functioning
- The body and its ways of functioning
- The sensibility and its ways of functioning

Part 2 – Restoring order in myself

- Evolving toward proper ways of functioning through re-education
- Making decisions and leading my life
- Action plan and final inventory

### Approach:

- The training takes place in a group. Questions invite you to observe your life on the theme being dealt with and to describe your experience. The time of guided analysis is followed by optional sharing, without entering into discussion. In order to deepen participants' personal research, the educator gives input and uses various means (diagrams, commentaries, observations notes, etc.). The variety of experiences shared in the group enriches participants. You are invited to make well thought out decisions corresponding to your actual reality.

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A PRH Workshop Takes Place In a  
**Respectful, Non-Judgemental Atmosphere**

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# *Living More Harmoniously*

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Adjusting ways  
of functioning so as  
to lead your life well



## REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ (Cel) \_\_\_\_\_ (H)

Email \_\_\_\_\_

My fee according to the sliding  
scale of fees is: \$ \_\_\_\_\_

Amount included: \$ \_\_\_\_\_

Make cheque payable to:  
**Harmony Personal Growth.**

**Please return this form with requested deposit of  
\$50 or full payment to:**

**Leah Bittante**  
20537 – 40<sup>th</sup> Avenue  
Langley, BC, V3A 2X5

## FEES

Workshop fees are determined according to a sliding scale of fees, which takes into account the financial means of each participant.

Should it be impossible for you to pay the fee based on the scale of fees, contact the educator who will help you explore payment options.

**Registration Fee:** based on scale of fees.

Fee for a Four day workshop	
Income Level	Cost per workshop
\$60,001 and up	\$489
\$50,001 to 60,000	\$466
\$40,001 to 50,000	\$422
\$30,001 to 40,000	\$341
\$20,001 to 30,000	\$274
\$15,001 to 20,000	\$215
\$15,000 and under	\$187

## Living More Harmoniously

### Registration:

- Complete the registration form and return that section.
- A \$50 deposit is requested at least one week before the workshop. The balance is due at the beginning of the workshop, or may be paid in instalments if prior arrangements are made with the educator.
- Registrations are accepted on a “first-registered” basis, once a deposit or full payment is received.
- Enrolment is limited to 15 persons.
- **Prerequisite:** Who Am I? or another PRH workshop

**Facilitator:** Leah Bittante  
604-613-0023  
lbittante2@gmail.com

**Place:** John Paul II Pastoral Centre  
4885 Saint John Paul Way  
Vancouver, BC

**Date:** Two weekends: Feb 23/24 & Mar 2/3  
**Time:** 8:30 am – 4:30 pm  
(24 hours)

**Cost:** See Scale of Fees

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**FOR MORE INFORMATION, PLEASE**

**CONTACT Leah Bittante:**  
lbittante2@gmail.com  
604-613-0023

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