

Bereavement Ministry Spring/Summer 2024 Newsletter



We have been trying to send this newsletter out for awhile.

Over the past weeks, we have journeyed through the passion, death and resurrection of Our Lord and have celebrated Pentecost, the birthday of the Church. We are reminded that even though there is suffering in this world, there is always the promise of hope and joy.

In this newsletter, we have included some interesting (at least they were to me ?) articles and resources that I have found over the last few months. If you find something that speaks to you, please send it and we will pass it on to others.

We have been busy planning for the fall and have included some save-the-dates for both Bereavement Training and Spiritual Care series. Registration will open after the summer.

Please check out our <u>bereavement website</u>, where you will find past newsletters and information on parishes that are offering bereavement support groups.

If there is anything I can assist you with, please let me know.

In Christ, Michele

A Quick Look at this Newsletter:

- Upcoming Programs & Training
- What Happens After We Die? by Bishop Barron
- <u>Resources and Articles</u>
- Podcast with Catholic Neurosurgeon Dr. Stephen Doran
- <u>Resources from 32nd World Day of the Sick 2024</u>

Upcoming Programs & Training

Save the Date: Horizons of Hope at St Joseph's Langley

Created by the Canadian Catholic Conference of Bishops, this very popular one-day session will be offered once again this fall. This toolkit aims to help equip parishioners surrounding the topic of death, dying, palliative care, and suffering. To learn more, please <u>click here</u>.

Registration link still to come.

Date: Sept 21, 2024 Time: 10 - 4 PM Location: St Joseph's Parish, Langley Cost: \$20/person, includes lunch

Save the Date: Talk by Alex Schadenberg

Join us for an evening presentation by Alex Schadenberg, the Executive Director of the Euthanasia Prevention Coalition, for a talk on euthanasia/MAiD. **Registration and location details still to come. Date:** Oct 18, 2024 **Time:** Evening **Location:** More details still to come

Save the Date: Being With Training

Gain the confidence to journey and visit with those who are suffering, socially isolated, sick, or dying, to renew their hope and purpose in life. **Registration still to come. Date:** Oct 19, 2024 **Tentative Time:** 9 AM - 2 PM **Location:** St Patrick's Parish, Vancouver

Save the Date: Bereavement Training

This 6-week training course is aimed at those who want to start a bereavement ministry in their parish. The course sessions include topics on what grief is, how to actively listen, facilitating a bereavement ministry/group, resources for those grieving, and to understand more about grief.

Registration still to come. Dates: Wednesdays, Oct 2 - 30, 2024 Time: 6:30 - 8:30 pm Venue: TBD

Save the Date: Spiritual Care Training

This 8-week training course teaches you how to make yourself more available to seniors and others who can benefit from your genuine concern and presence in their lives. <u>Click here to view more information about past offerings of this training.</u>

> **Registration still to come. Dates:** Thursdays, Oct 3 - Nov 21, 2024 **Time:** 1:30 - 4:00 pm



What Happens After We Die? *Click to watch Bishop Barron's Sunday Sermon on this topic.*

Resources and Articles

A Healthy Path to Long Term Healing

by Alan Wolfelt, PhD A Q&A with Alan Wolfelt, author of "You're Not Crazy, You're Grieving".

Questions that Arise When A Loved One Dies

by Denis Boyd, R. Psych Denis Boyd answers questions such as, "Why is it taking me so long to feel better?" and "What can I do to get better or back to normal?"

busted halo show with Father Dave Dwyer	Busted Halo Show w/Fr. Dave Dwyer To Die Well: Discussing Hop		⊕ 火≊ Life W
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"While we often avoid thinking or talking about death, having open and honest conversations about mortality is essential to prepare for the end of life. To help others navigate this challenging topic, Father Dave welcomes Dr. Stephen Doran to the show. Dr. Doran is a permanent deacon and bioethicist for the Archdiocese of Omaha, and highlights hope in his book, "To Die Well: A Catholic Neurosurgeon's Guide to the End of Life".

Click the podcast above, or click here to learn more.

32nd World Day of the Sick 2024

<u>"It is Not Good for Man to Be Alone":</u> <u>Healing the Sick by Healing Relationships</u> Address by Pope Francis on the 32nd World Day of the Sick, Feb 11, 2024

Archbishop J. Michael Miller's Homily

at Our Lady of Sorrows Parish on Feb 10, 2024 for the Mass on the Occasion of World Day of the Sick [Attached to this email]

If you no longer wish to receive these emails, please reply to this email indicating you would like to be removed from the mailing list. Thank you.

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