

Pastoral Care Ministry Fall 2023 Newsletter



Register for our Upcoming Pastoral Care Retreat Date: Oct 14, 2023

This retreat is for all those who are involved in spiritual care or bereavement ministry.

One of the most important habits we can cultivate is self-care — especially for those ministering in the pastoral care field. This retreat is an opportunity for you to "come away and rest" while also being strengthened with new skills and tools for your ministry.

The morning will consist of Mass, retreat talks and prayer led by Fr. James Hughes. The afternoon will consist of sessions for interactive learning and role playing to help you bring this ministry to your parish.

Location: Our Lady of the Assumption Parish (3141 Shaughnessy Street, Port Coquitlam) Date: October 14, 2023 Time: 9 a.m. - 4 p.m. Cost: \$25/person

Register here by Oct 12, 2023.



Free "Being With" Volunteer Training In-Person or Online Saturday, Oct 28, 2023

Gain the confidence to journey and visit with those who are suffering, socially isolated, sick, or dying, to renew their hope and purpose in life.

This training is free!

Mass is at 8:30 a.m. followed by a continental breakfast and two training sessions.

Speakers include **Kathy Matusiak Costa**, Executive Director of <u>Compassionate</u> <u>Community Care</u>, and **Alex Schadenberg**, Executive Director of the Euthanasia Prevention Coalition. Location: Star of the Sea Parish Centre 15262 Pacific Ave., White Rock Date: Oct 28, 2023 Time: 8:30 a.m. - 1:30 p.m.

Register here by Oct 26, 2023.



Pregnancy and Infant Loss Mass

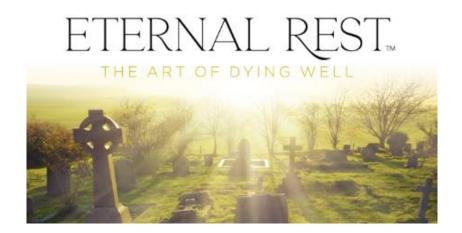
Join us in person as we honour our little ones. A special Mass will be celebrated and candles lit in honour of the little ones we have lost.

Members of Elizabeth Ministry will be present to share their testimony and offer support. Elizabeth Ministry encourages faith, hope and healing. As Mary visited Elizabeth, our ministers journey, support & pray for you.

There will be light refreshments following the Mass.

Location: Evangelist Chapel at Gardens of Gethsemani 15694 32 Ave, Surrey Date: October 15, 2023 Time: 2:30 - 4:30 p.m.

Register here.



Eternal Rest: The Art of Dying Well Video Series

Video and discussion group in November. More details to come!



Save the Date!

Upcoming Bereavement Ministry Support Meetings

- Jan 24, 2024; 7 8:30 p.m. on Zoom
- April 24, 2024; 7 8:30 p.m. on Zoom
- Learn more by clicking here

Spiritual Care Training Program (8 Weeks)

- Feb 1 Mar 21, 2024; 1:30 4:30 p.m. on Zoom
- Stay tuned for a 2024 registration link; you can learn more by clicking here

Contact:

Michele Smillie Pastoral Care Coordinator, Ministries and Outreach 604-683-0281 ext. 209 <u>masmillie@rcav.org</u>

Megan Mulder Administrative Assistant, Ministries and Outreach 604-683-0281 ext. 234 <u>mmulder@rcav.org</u>

"In difficult moments I will fix my gaze upon the silent heart of Jesus, stretched upon the cross, and from the exploding flames of His merciful Heart, will flow down upon me power and strength to keep fighting." -St Faustina